

TRAUMA AWARENESS MONTH EVENTS CALENDAR



DHSS - Trauma Informed Approach Champions Awareness T-Shirt Event*

Employees who purchase their "Make DelAWARE Trauma Aware" t-shirt can dress casual every Wednesday in May.

8:00 AM - 4:30 PM

Division of State Service center, Division of Social Services and Division of Child Support Service office locations

It's Getting Hot in Here: **Brain-Based Strategies for** Regulating Students and Staff

Join us to explore a framework for emotion regulation that will soothe you and your students. In this interactive learning experience participants will practice brain-based strategies that will help them to maintain safety, strengthen relationships, and be the thermostat instead of the thermometer.

9:00 AM - 12:00 PM

Delaware State Education Assocation 136 East Water Street Dover, DE

The Petal Project

The Petal Project is a support group for women who have experienced trauma, particularly sexual. With 3 licensed counselors on board to lead and mediate the sessions, peers are given a safe space to share their experiences and grow from their pain. This event is open to the public.

7:00 PM

Harvest Christian Church 8697 Ockels Rd Seaford, DE 19973

Balancing Healing and Justice: "Restoring Ourselves and Our Community" - DCADV's Advocate Retreat and Conference

Delaware Coalition Against Domestic Violence's 2-Day Retreat

RSVP:

https://dcadv.org/what-we-do/trai ning-and-certification/retreat.html

9:00 AM

Atlantic Sands Hotel and Conference Center 1 Baltimore Ave Rehoboth Beach, DE 19971

3

Trauma-Informed Community Engagement for Resilience Workshop

The event will explore how a trauma-informed approach to community engagement takes into account resident's lived experiences, avoids re-traumatization triggers, and actively incorporates strategies for healing and resilience.

RSVP: https://goo.gl/forms/u HIPBKVoolwMzO0r1

9:00 AM

North Atrium at STAR Health Sciences Complex 540 S. College Ave Newark DE 19702

2019 Teacher of the Year Forum, "Compassion and Resilience for the Win"

Teacher of the Year forum in support of Governor Carney's Executive Order 24. Hosted by Wendy Turner, Delaware's 2017 Teacher.

5:00 PM - 7:00 PM

John Collette Education Resource Center 35 Commerce Way Dover, DE 19904

*State Employee Event

Trauma Informed-Care for Children and Families in Pediatric Healthcare

Dr. Anne Kazak, PhD, ABPP, will present a talk on trauma-informed care in child healthcare settings.

8:00 AM - 9:00 AM

Nemours/A.I. duPont Hospital for Children 3rd Floor Lecture Hall 1600 Rockland Rd

DHSS- Broken Places Documentary Screening**

A screening of the documentary Broken Places and a panel discussion to follow, including a peer support specialist anad mental health /addictions professionals

9:00 AM - 12:00PM

DHSS Campus

New Castle, DE



Various participating Rita's Water Ice locations

Get the Scoop on Children's

Volunteers will be on hand to

welcome patrons to various Rita's

first state with coupons for a free

Italian Ice locations throughout the

water ice and giveaways as well as

information about the importance

of children's mental health and

Mental Health

available services.

Wilmington, DE 19803

13

Movies That Move Us Monday's

Broken Places Screenings and discussions sponsored by DOE and Nemtours.

Nemours - Resilience **Documentary Screening**

The documentary delves into the science of adverse childhood experiences (ACEs) and toxic stress, and its impact on health.

15

Delaware Department of Correction - Yoga***

2:00PM - 4:00PM

DNREC Auditorium (behind the Dover Library)

11:45 AM

Al Dupont Hospital for children 1600 Rockland road 3rd floor lecture hall

4:00 PM - 5:00 PM

Gym at the Admin Building, 245 McKee Road, Dover, DE 19904

DE Children's Dept- Divisions of Prevention and Behavioral Health Services

Two Day conference promises to deliver the most contemporary ideas and concepts from the prevention, out of school, treatment and behavioral health fields, and to build skills and learn processes to adapt these ideas to your local needs.

RSVP: Yvonne.Bunch@delaware.gov

8:00 AM - 4:30 PM

Dover Downs Convention center, 1131 N Dupont hwy, Dover, DE 19901

First Chance Delaware: Helping Delaware Kids on a Path toward Health and Success

Delaware Chapter, American Academy of Pediatrics (DE APP) with First Lady Tracey Carney are bringing awareness on ACES and trauma to Pediatricians and others in the child health and wellness field. This continuing education event focuses on the detrimental impact of wellness, as well as educational strategies to build resilience.

4:00 PM - 8:00 PM

Medical Society of Delaware Conference Center, 900 Prides crossing, Newark DE 19713

DSAMH Staff Only *DOC Staff Only

4:00 PM - 5:00 PM 6:00PM - 8:00PM

Gym at the Admin Building, 245

McKee Road, Dover, DE 19904

***DOC Staff Only

New Castle County Public Safety Building 3601 N Dupont Highway, New Castle, DE 19720

All Day